

# Easterseals Central Alabama • 2185 Normandie Drive, Montgomery, AL 36111 334-288-0240 • www.eastersealsca.org

#### **Dear Parent:**

Having a child who does not feed well is a worrisome, frustrating, confusing and at times, medically concerning problem. We, at SOS Food School at Easterseals Central Alabama, understand how complex feeding difficulties can be. Because of these complexities, we believe it is important to look at the "whole" child and to assess all the possible contributing factors in a feeding problem through the use of a Multidisciplinary/Transdisciplinary Evaluation Team. Our Team is made up of one Occupational Therapist and one Speech Pathologist. We are committed to helping you and your child identify what is interfering with your child's eating and how to improve their growth and interactions with food.

In order to best help us prepare for your child's evaluation, we would like you to carefully read over the following information and to complete the enclosed forms. Please make sure that you have received and completed EACH of these forms

1. Family and Medical History Form

2. Feeding History Form

3. 3 Day Diet History

4. Sensory History

5. Release(s) of Information

6. Patient Rights/Consent to Treat Form

7. HIPPA Policy (2 forms)

8. Billing/Payment Policy

9. Financial Agreement

Please complete the forms in as much detail and as readable as possible. Many items on the forms can be simply answered by checking YES or NO in the appropriate space. If you give a YES response, <u>please explain this answer thoroughly</u> in the space provided or on the back of the page. If you cannot, or wish to not answer a question, leave it blank. If a question does not apply to your child, you may write in NA for "not applicable".

Please return your completed forms by mailing them <u>AT LEAST 1 WEEK in advance</u> of your scheduled appointment date so our staff can review the paperwork. If your child gets sick or there is an emergency over the weekend and you are unable to attend your evaluation on Tuesday, please call us as soon as possible at 334-288-0240.

Our mailing address is:

Easterseals Central Alabama Food School

2185 Normadie Drive

Montgomery, AL 36111

Thank you for allowing us to serve you and your family.

Sincerely,

Mary Elizabeth Johns, MS, OTR/L and Hannah Tremlett, MS, CCC-SLP



### **DEMOGRAPHICS**

### **Information About Your Child**

Full Name:					
Date of Birth: _			Age:		
School:			Grade Level:		
Home Address:					
Race:					
Diagnoses (Auti	ism, Down Syndr	ome, Speech De	lay, etc.):		
Parent/Guardia	an Information				
Name	Relationship	Phone		Email	
			_ H _ W _ C		
			H _W _C		
I have the legal child is: Birth Parent Emergency Con	Adoptive F	rmission for the	rapy services be	ecause my relationship to the  DHS Caseworker	
Na	ıme	Relatio	onship	Phone	



### **CONFIDENTIAL PERSONAL HISTORY: Children**

Sibling

Sibling

Sibling

•	sician or Health Care	`	Ü		ŕ			
Name:		Pro	ofession:					
'hone:								
adress:						<del>_</del>		
Jame <sup>.</sup>	ıme:		Profession:					
'hone:								
Address:		<u>_</u> _						
ate of Chil	ld's Last Medical Ch	eckup:	He	ıght:	Weight:			
y voum ahila	l in good boolth at th	a pragant time?						
s your chile	d in good health at th	e present time?						
re there an	y medical precaution	ns the theranist			en working with vo			
are there an	y medical precaution	ns the therapist			en working with yo			
Are there an	y medical precaution	ns the therapist			en working with yo			
are there an		amily Memb	should be a	ware of whe				
Are there an			should be a	ware of whe				
are there an			should be a	ware of whe				
Parent A	F	amily Memb	should be a	ware of whe	mation	Education (circle one)  High school or GED AA		
Parent A	F	amily Memb	should be a sers: Detail	Adopted (circle one)  Yes No	mation	Education (circle one)  High school or GED AA BA/BS		
	F	amily Memb	should be a  ers: Detai	iled Information (circle one)	mation	Education (circle one)  High school or GED AA BA/BS  High school or GED AA		
Parent A Parent B	F	amily Memb	should be a sers: Details  Sex (circle one)  M F  M F	Adopted (circle one) Yes No	mation	Education (circle one)  High school or GED AA BA/BS  High school or GED AA BA/BS		
Parent A	F	amily Memb	should be a sers: Details  Sex (circle one)  M F  M F	Adopted (circle one)  Yes No	mation	Education (circle one)  High school or GED AA BA/BS  High school or GED AA BA/BS  High school or GED AA BA/BS  High school or GED AA		
Parent A Parent B	F	amily Memb	should be a sers: Details  Sex (circle one)  M F  M F	Adopted (circle one) Yes No	mation	Education (circle one)  High school or GED AA BA/BS  High school or GED AA BA/BS  High school or GED		

M

M

M

F

F

F

Yes

Yes

Yes

No

No

No

Other	persons	living i	n this	Child's	household:

Name	Age	Sex (circle one)	Relationship to Child
		M F	
		M F	

				M	F	
Marrie	ed Status	s of Parents:				
Married	d Date: _		Sep	arated	Date:	<u> </u>
If both	primar	y caregivers work, v	vho cares for th	e chilo	1?	
Nam	e:			Pho	ne #:	
Wha	it langua	age(s) is/are spoker	at home?			<del></del>
EA MIII	V CTDI	ESSODS (v.l	- :C C41 C-1	11:	4C-1	
FAWIII	LY SIKI	ESSORS (please not	e if any of the fol	liowin	g stressful ev	vents happened in the last 12 months)
NO	YES	EVENT		]	EXPLANAT	FION
		Marital Separation	s/Divorce			
		Death in the Famil	y			
		Financial Crisis				
		Job Changes/Diffic	culties			
		School Problems				
		Legal Problems				
		Medical Problems				
		Household Move				
		Extended Separation				
		Other Stressful Ev	ents			
Family	Annual	Income:   <\$50,000	\$50,000-\$10	00,000	>\$200,000	\$100,000-\$200,000
Family	Adapta	ntion:				
How w	ould you	describe your child	s general adjustr	nent at	t home? (Cir	cle) Poor/ Fair/ Good/ Excellent
How do	oes your	child get along with	each member of	the fa	mily?	
Parent	<b>A</b> :					
Parent	B:					

Have there b	een any spe	cific events or traumas linked with the onset of your child's diff	iculties?
Have there b	een any maj	jor moves? (City to city, country to country)	
		PREGNANCY AND BIRTH HISTORY	
Dlagga list	all nyagnan	(If this child is adopted, skip to Adoption Section of papacies in order (including this child, miscarriages, termination	•
Please list	an pregnan	icies in order (including this child, miscarriages, termination	is, or deceased):
Pregnancy	Birth	Any Delivery, Health, or Developmental Problems	Father's Name
	TT7 4 T .		2 000102 5 1 (01110
Number	Weight	*	1 401101 5 1 (41110
Number 1 2	Weight		- 10101 5 1 10110
1 2 3	Weight		
1 2 3 4	Weight		
1 2 3	Weight		
3 4 5 6 PRENATAI Was the pre	AHISTORY gnancy for we any prob	this child planned? YES/NO  lems getting pregnant? Please describe:	
1 2 3 4 5 6 PRENATAI Was the pre Did you have	HISTORY egnancy for we any probe ertility treats	this child planned? YES/NO	
1 2 3 4 5 6 PRENATAI Was the pre Did you have Were any fee	HISTORY egnancy for early treatment or egg don	this child planned? YES/NO  lems getting pregnant? Please describe:	
1 2 3 4 5 6 PRENATAI Was the pre Did you have Were any fee Was a sperr In what mo	HISTORY egnancy for we any probe ertility treate on or egg do not had you all over the contract the contract that the contract the contract that the contract the contract that the contract tha	this child planned? YES/NO  lems getting pregnant? Please describe:  ments used for this pregnancy?  nor used for this pregnancy?	amins, antacids, cold medication

Parent A:	
Parent B:	
Did Mother talk and sing much throughout the pregnancy?	
Was Mother physically active throughout the pregnancy?	

What kind of experience was the pregnancy for both parents?

**Did Mother have any of the following occur during this pregnancy?** Please indicate by placing a checkmark in the "no" or "yes" column and explain (i.e. what month, why, what, what occurred, how treated):

NO	YES	DESCRIPTION	EXPLANATION/COMMENT
		Allergy/Asthma	
		Anemia	
		Diabetes/Blood Sugar Problems	
		Edema (swelling, water retention)	
		Excessive vomiting	
		Fatigue	
		Headaches/Migraines	
		Heart Disease	
		Kidney Disease	
		Pre-eclampsia	
		Rh-negative	
		Toxemia	
		Toxin exposure	
		Accidents	
		Bleeding/Spotting	
		Blood pressure issues	
		Blood transfusion	
		Cervical incompetence	
		Infections (bladder or genital)	
		Infections (Other)	
		Pre-term labor	
		Uterine or uterine fluid problems	
		Other physical injury	
		Shock	
		Severe stress	
		Loss of a loved one	
		Commitment to bed	
		Exposure to loud noises	
		Consumption of alcohol	
		Consumption of caffeine	
		Consumption of street drugs	
		Other non-specified problems	

### **BIRTH HISTORY**

Hospital where born, including city and state:	
Delivery Physician's or midwives Name:	
Gestational Age at the time of delivery (or # of weeks early or late):	
Length of Labor (in hours)? Length of membrane rupture?	
Any type of labor stimulation and what was used?	
Any type of pain medication or anesthesia used during delivery (name, type, amount if known)?	
Pain Relief:	
Anti-vomiting:	
Anesthesia: Sedation:	
What type of delivery (please circle)?	
Vaginal Cesarean Section: elective or emergency	
Reason for C-section:	
Presentation: Head Face Breech Transverse	
Assistance: Forceps High Forceps Vacuum Suction or Other	
Did the baby cry immediately?	
How soon after the delivery did you see your baby?	
Was there immediate physical contact between Mother and newborn at birth?	
Was there positive bonding between Mother and newborn at birth?	
What were the baby's APGAR scores? 1 minute5 minute	
What was the baby's Birth Weight? Lbs. oz. Birth Length	
Number of days spent in the nursery? NICU or Newborn Nursery?	

Did Mother experience any post-partum depression? \_\_\_No\_Yes

**Did any of the following problems occur during the labor/delivery?** Please indicate by placing a checkmark in the "no" or "yes" column and explain (why, what occurred, how treated, etc):

NO	YES	Description	Explanation
		Maternal infection	
		Low/high red/white blood cell count	
		Pelvis or cervical problems	
		Placenta problems	
		Dysfunctional labor	
		Cord wrapped around baby's neck	
		Cord problems (knots, prolapses,	
		compression)	
		Baby have a very low/high heart rate	
		Baby have heart rate decelerations	
		Fetal distress was noted	
		Meconium was noted	

**What was the condition of your infant <u>following birth</u>?** Please indicate by placing a checkmark in the "no" or "yes" column and explain (what month, why, what, how treated, etc.):

NO	YES	Description	Explanation
		Was blue/cyanotic at birth	
		Required stimulation to breathe	
		Required oxygen at birth	How much/What type?
		Required resuscitation	
		Was considered small for gestational age	
		Had tremoring or seizures	Which/For how long?
		Very low tone	
		Brain hemorrhage	
		Anemia and/or transfusions	Which/How many times?
		Jaundice (yellow)	How much/How treated?
		Had bruising	
		RH incompatibility problems	
		Infections	
		Congenital birth defects	
		Aspiration (meconium or fluid)	Which/How treated?
		Respiratory distress signs of syndrome	
		Needed ventilation	What type/how long?
		Choking or vomiting episodes	
		Tube feedings	
		Needed medications	

### **Adoption History**

Please describe the circumstances surrounding the adoption:
At what age was the child adopted?
In what year did the adoption take place?
What was their physical appearance at the time of adoption?
Was the child previously in a foster home?
What was the child's response to the new home?
Has there been positive bonding and engagement between the child and adoptive parents?
Does the child accept physical contact (i.e. cuddling) from adoptive parents?
Is your child aware of his/her adoption?YesNo

# **Medical History of Child**

It is very important to have as complete a medical history for your child as possible. Please fill out the grid below, making sure you include an explanation for any questions answered "yes". In your explanation, please include your child's age(s) if relevant, any diagnoses made, and any treatments that have occurred.

NO	YES	DESCRIPTION	EXPLANATION [WHEN & WHAT AGE(S)]
		Frequent colds/respiratory illness	
		Frequent strep throat/sore throat (Tonsils or adenoid problems?)	
		Frequent ear infections? (PE Tubes placed?)	None/A Couple/Many
		Birth defect/genetic disorder	
		Lung condition/respiratory disorder	
		Allergies or asthma	Environmental or Food?
		Heart Condition	
		Anemia/blood disorder	
		Kidney/renal disorder	

I Irinam mahlama infactions	
Urinary problems/infections	
Hormonal problem	
Muscle disorder/muscle problem	
Joint or bone problems	
Fractured bones	
Skin disorder/skin problems (eczema)	
Visual disorder/vision problems	
Eye infections	
Neurological disorder	
Seizures or convulsions (Epilepsy?)	
Stomach disorder/stomach pain	
Vomiting/digestion problems	
Failure to gain weight/feeding problems	
Constipation/diarrhea problems	
Dehydration episodes	
Hearing loss/ear disorder	
Significant accidents/injury	
Head injuries or concussions	
Ingestion of toxins, poisons, foreign objects	
Chronic medications (for what? When?)	
Any major childhood illness (pox, croup, measles, mumps, meningitis, etc)	
Major medical procedures (detail below)	

# HOSPITALIZATIONS AND/OR SURGERIES: Please list the dates of any hospitalizations your child has had and the reason. List the dates of any surgeries your child has had and the reason. 3. Has your child been diagnosed with (PLEASE CHECK ALL THAT APPLY): \_\_\_\_\_ADD \_\_\_\_\_ ADHD \_\_\_\_\_Anxiety Disorder or Mood Disorder (specify): \_\_\_\_\_ Autism Spectrum Disorder \_\_\_\_\_Cognitive Delay Down Syndrome Dyslexia Emotional disorder (specify): Fragile X Syndrome \_\_\_\_\_Learning Disabilities (specify if possible): \_\_\_\_\_\_ Sensory Processing Disorder or Sensory Integration Dysfunction Tourette's Syndrome Other (specify): Please note, who provided the diagnosis and based on what criteria i.e. test scores, comprehensive clinical evaluation, genetic study, etc.): **MEDICATIONS** List any medications your child has consistently used in the past: Medication: \_\_\_\_\_ When Taken: \_\_\_\_ Medication: Purpose: When Taken: Medication: \_\_\_\_Purpose: \_\_\_\_\_When Taken: \_\_\_\_ List any medications your child is **currently** taking: Medication: Purpose:\_\_\_\_\_Frequency of dosage:\_\_\_\_\_

Medication: Purpose: \_\_\_\_\_Frequency of dosage: \_\_\_\_\_

Medication:\_\_\_\_\_Purpose: \_\_\_\_\_Frequency of dosage:\_\_\_\_\_

Please note any	illnesses for which	ch your child is curren	ntly being treated:	
3		3	<i>, C</i>	

### FAMILY MEDICAL HISTORY

Are there any of the following medical problems on either side of the child's BIOLOGICAL parents' families?

If YES, please indicate of which side of the family, MOTHER or FATHER and explain WHO this is in relation to the CHILD. Please also explain if medications, surgery, or hospitalizations were needed.

NO	YES	DESCRIPTION	MOTHER OR FATHER'S SIDE?	WHO (as related to your child)	EXPLANATION
		Birth defects/Congenital disorder	Mother's Father's		
		Neurological disorder or seizures (eg. Alzheimer's, Parkinson's)	Mother's Father's		
		Respiratory disease or tuberculosis (eg. Asthma, COPD)	Mother's Father's		
		Hormonal or Gland disorder (eg. Hypothyroidism, pituitary tumor)	Mother's Father's		
		Allergies- food or environmental (specify which type and for whom)	Mother's Father's		
		Diabetes (Type 1 or 2)	Mother's		
		Stomach disease/disorder/pro blems (eg. Reflux, Colitis, Chron's, Celiac)	Mother's Father's		
		Senses problems- vision, hearing, touch, taste, smell, balance	Mother's Father's		
		Swallowing or feeding problems (eg. Described as a picky eater as child esophageal strictures)	Mother's Father's		

NO	YES	DESCRIPTION	MOTHER OR FATHER'S SIDE?	WHO (as related to your child)	EXPLANATION
		Attentional/learning problems	Mother's Father's		
		Hyperactivity	Mother's Father's		
		Developmental therapy (eg. Speech therapy, Physical therapy)	Mother's Father's		
		Alcohol/drug problems	Mother's Father's		
		Psychological/nervous issues	Mother's Father's		

# **Developmental History**

PERSONALITY PROFILE
What are your child's gifts/strengths?
What do you enjoy most about your child and family?
What kind of interest and activities does your child have (hobbies, sports, clubs)?
Please list them in order of preference beginning with the favorite activity.
EARLY HISTORY
Going back to the first two years of the child's life, what type of baby was he/she? (i.e. feeding, sleeping, activity level):

Please describe your child's toddler stage:

### **DEVELOPMENTAL MILESTONES**

We would like to have information about your child's developmental milestones. Indicate the age when your child first did each of the following **INDEPENDENTLY**. Or, if you cannot recall/find a specific age, please mark whether you believe your child accomplished the milestone early, on time, or late. If your child has not yet achieved the milestone, write N/A in the age column. Please also check the column that best describes your opinion of the quality of your child's skills.

Age Achieved	Milestone	Early	On-time	Late	Skill Quality Good/Fair	Skill Quality Poor
	Smiled					
	Held head up					
	Rolled over					
	Reached for an object					
	actively					
	Transferred object					
	between hands					
	Sat unsupported					
	Crawled					
	Stood alone					
	Walked by self					
	Said first words					
	Threw objects actively					
	Ran by self					
	Followed simple 1 step					
	directions					
	Said 2-3 word phrases					
	Ate unaided (spoon/fork)					
	Dressed self					
	Chewed solid food					
	Drank from open cup					
	Rode bicycle without					
	training wheels					
	Caught a thrown object					
	Demonstrated handedness					
	(which hand)					
	Recognized colors					
	Counted to 5					
	Knew alphabet					
	Bladder trained- days					
	Bladder trained- nights					
	Bowel trained					

Was your child's crawling phase brief?	_No	Yes	
Please describe the position your child crawled in	n (i.e. four poin	t, army crawl, scooted on bottom):	
- v		, <u> </u>	

Did your child use a walker (rolling plastic seat)?NoYes If yes, how often?						
Did your child experience hesitancy or delays in learning to go down stairs?NoYes  Do you feel your child was "faster" or "slower" than his/her peers in any other way? Please explain.						
VISUAL DEVELOPMENT						
Has your child experienced any problems with his/her eyesight or vision?						
Are there any current problems of which you are aware?						
When was the last time your child had their eyesight tested?						
AUDITORY DEVELOPMENT						
Has your child experienced any problems with his/her hearing? (i.e. operations, infections, tubes placed)						
How often and to what severity has your child had ear infections (please check all that apply)?						
SeldomMild						
SometimesModerate						
OftenSevere						
When was your child's hearing last tested? :						
SPEECH AND LANGUAGE DEVELOPMENT						
How would you describe your child's speech and language development?						
NormalDelayedAdvanced						
Did your child begin speaking in single words, then two words, then a sentence?NoYes						
Did your child not talk for a long while, then all of a sudden speak in complete sentences?No _Yes						
Do you or others have difficulty understanding what your child says?NoYes						
First word he/she said wasat the age of						
Please describe any speech related problems:						

### SENSORY AND MOTOR DEVELOPMENT

Please check all that	it apply:				
My child s	eems to be overly s	ensitive to s	ensory experienc	es more s	o than most people:
Audito	oryTactile	Visual	Movement	Taste	Smell
My child o	doesn't seem to rea	ct to sensory	experience as re	adily as n	nost people:
Audito	oryTactile	Visual	Movement	Taste	Smell
My child a	actively seeks out s	ensory expe	riences more so t	han most	people:
Audito	oryTactile	Visual	Movement	Taste	Smell
My child l	nas difficulty differ	entiating ser	nsory experiences	s. (e.g. coi	nfuses sounds, can't find
objects in drawer or	bag without looki	ng, bumps ii	nto things) Please	describe	:
My child l	nas trouble learning	g new mover	nents.		
My child t	ends to be clumsy	and has bala	nce and coordina	tion prob	lems.
Do any of the follow	•	-	•	the past?	Please indicate by placing a

NO	YES	Description	Explanation
		Extended separations	
		during first two years	
		Thumb sucking/pacifier	
		Sleeping problems	
		Colic or "fussy baby"	
		Were they able to self soothe?	
		Were they on a regular schedule?	
		Preferred certain positions as an infant	
		Disliked lying on back	
		Did they enjoy bouncing?	
		Were they calmed by car rides as an infant	
		Become nauseated by car rides as infant	
		Toe walker	
		Excessive drooling	
		Did they go through "terrible twos"	
		Temper tantrums	
		Head banging	
		Breath holding	

NO	YES	Description	Explanation
		Bedwetting	
		Nightmares	
		Nervous habits (i.e. nail	
		biting)	
		Any unusual fears?	
		Major mood swings	
		Aggression/destructiveness	
		Fire play or cruelty to	
		animals	
		Masturbation	

# **Previous Testing and Treatments**

Has your child had any previous ASSESSMENTS or TREATMENTS? Please attach any relevant reports.

### **ASSESSMENTS**

	NO	YES	DATE	PLACE
Medical				
Audiological				
Speech				
Educational				
Psychological				
Occupational				
Therapy				
Physical Therapy				
Feeding				

### **TREATMENTS**

	NO	YES	START/END	PLACE	PROVIDER & CONTACT INFO
Medical					
Audiological					
Speech					
Educational					
Psychological					

Occupational Therapy					
Physical Therapy					
Feeding					
		EDUCA	ATION		
In general, how wor	-			ng at school from	kindergarten to the
Please give us more with the earliest exp		nation about any di	fficulties you	r child encountere	ed in school beginning
Initial school adjust	ment				
Pre-school/Daycar	·e				
Primary (K-3rd G	rade)				
Junior (4th-6th Gi	rade)				
Intermediate (7th-	8th Grade)				
High School (9th-	12th Grade)				
Teacher:		Phone	·		
Has there been rem	nedial help giver	n <b>inside</b> the school	system?	No	_Yes
If yes, please descri	ribe:				

### **HIPAA Notice of Privacy Practices**

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU AND/OR YOUR CHILD MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW ALL POINTS BELOW CAREFULLY.

This notice of Privacy Practices describes how we may use and disclose your protected health information (PHI) to carry out treatment, payment or health care operations (TPO) and for other purposes that are permitted or required by law. It also describes your rights to access and control your protected health information. "Protected Health Information" is information about you, including demographic information that may identify you and that relates to your past, present or future physical or mental health or condition and related health care services.

<u>Uses and Disclosures of Protected Health Information</u>: Your protected health information may be used and disclosed by your physician, therapist, our office staff and others outside of our office that are involved in your care and treatment for the purpose of providing health care services to you, to pay your healthcare bills, to support the operations of the practice, and any other use required by law.

<u>Treatment</u>: We will use and disclose your protected health information to provide, coordinate, or manage your health care and any related services. This includes the coordination or management of your health care with a third party. For example, we would disclose your protected health information, as necessary, to a home health agency that provides care to you. For example, your protected health information may be provided to a physician to whom you have been referred to ensure that the physician has the necessary information to diagnose or treat you.

<u>Payment</u>: Your protected health information will be used, as needed, to obtain payment for your health care services. For example, obtaining approval/ payment for treatment may require that your relevant protected health information be disclosed to the health plan to obtain approval/ payment for the treatment.

<u>Healthcare Operations</u>: We may use or disclose, as needed, your protected health information in order to support the business activities of our practice. These activities include, but are not limited to, quality assessment activities, employee review activities, training of medical students, licensing, and conducting or arranging for other business activities. For example, we may disclose your protected health information to medical school students that see patients in our office. In addition, we may use a sign-in sheet at the registration desk where you will be asked to sign your name and indicate your treating provider. We may also call you by name in the waiting room when your provider is ready to see you. We may use or disclose your protected health information, as necessary, to contact you to remind you of your appointment.

We may use or disclose your protected health information in the following situations without your authorization. These situations include: as Required by Law, Public Health issues as required by law, Communicable Disease Health Oversight, Abuse or Neglect, Food and Drug Administration requirements, Legal proceedings, Law Enforcement, Coroners, Funeral Directors, and Organ Donation, Research, Criminal Activity, Military Activity and National Security, Workers' Compensation. Under the law, we must make disclosures to you and when required by the Secretary of the Department of Health and Human Services to investigate or determine our compliance with the requirements of Section 164.500.

Other permitted and required uses and disclosures will be made only with your Consent, Authorization or Opportunity to object unless required by law. You may revoke this authorization, at any time, in writing,

except to the extent that your physician, provider, or the provider's practice has taken an action in reliance on the use or disclosure indicated in the authorization.

YOUR RIGHTS – Following is a statement of your rights with respect to your protected health information.

You have the right to inspect and copy your protected health information. Under federal law, however, you may not inspect or copy the following records: psychotherapy notes, information compiled in reasonable anticipation of, or use in, a civil, criminal, or administrative action or proceeding, and protected health information that is subject to law that prohibits access to protected health information.

You have the right to request a restriction of your protected health information. This means you may ask us not to use or disclose any part of your protected health information for the purposes of treatment, payment or healthcare operations. You may also request that any part of your protected health information not be disclosed to family members or friends who may be involved in your care or for notification purposes as described in this Notice of Privacy Practices. Your request must state the specific restriction requested and to whom you want the restriction to apply.

Your physician/ provider is NOT required to agree to a restriction that you may request. If the physician/ provider believes it is in your best interest to permit use and disclosure of your protected health information, your protected health information will not be restricted. You then have the right to use another Healthcare Professional.

You have the right to request to receive confidential communication from us by alternative means or at an alternative location. You have the right to obtain a paper copy of this notice from us upon request, even if you have agreed to accept this notice alternatively (i.e. electronically).

You may have the right to have your physician/ provider amend your protected health information. If we deny your request for amendment, you have the right to file a statement of disagreement with us and we may prepare a rebuttal to your statement and will provide you with a copy of any such rebuttal.

You have the right to receive an accounting of certain disclosures we have made, if any, of your protected health information.

We reserve the right to change the terms of this notice and will inform you via mail of any changes. You then have the right to object or withdraw as provided in this notice.

Complaints: You may complain to us or to the Secretary of Health and Human Services if you believe your privacy rights have been violated by us. You may file a complaint with us by notifying your provider of your complaint. We will not retaliate against you for filing a complaint.

This notice was published and becomes effective on/before September 1, 2009.

# **Acknowledgment of Receipt of Privacy Practices & HIPAA Acknowledgment**

I,have received a copy of Easterseals Centre Privacy Practices with an effective date of February 28, 2019.	al Alabama's Notice of
Trivacy Fractices with an effective date of February 26, 2019.	
I, understand that all personal health information during my observation time at Easterseals Central Alabama is confidential accountability Act of 1996 (HIPAA).	ation that I am privy to cording to the Health
Under the HIPAA federal law all individually identifiable health information etc) and all health care records used or disclosed in any form, whether electro must be keep confidential. HIPAA provides penalties for covered entities that health information.	nically, on paper, or orally,
If we are unable to speak with you directly by phone, is it okay for us to leave information on your voice mail, if available or e-mail?	e detailed/Clinical
Phone: ☐ Yes ☐ No E-mail: ☐ Yes ☐ No	
Are there any restrictions on releasing information:	
Name of Client:	
Address of Client:	
Signature of Client/ Parent or Guardian:	Date:

# PHI Policy Authorization Form Policy

Effective date of policy:				
Protected health information (PHI) will only be released from our pauthorization from the patient or his/her personal representative, excare operations (TPO) and as otherwise required by law. Examples required to disclose your PHI include:  Public health activities; information regarding victims of abuse, ne oversight activities; judicial and administrative proceedings; law en purposes; research purposes under certain circumstances; national institutions; and Worker's Compensation.	practice with a properly executed except for treatment, payment, or health is of some instances in which we are eglect, or domestic violence, health inforcement purposes; organ donations			
Easterseals Central Alabama will only use or disclose PHI, except terms of the authorization.	as noted above, consistent with the			
You may revoke this authorization to use or disclose PHI at any time but actions taken prior to the revocation are excluded. If authorization is a condition of obtaining insurance coverage, and the authorization is revoked, the insurer may contest a claim under the policy.				
Name of Client:				
Signature of Parent/Guardian:	Date:			
Expiration date of Authorization:				

### CONSENT AND PHOTO/VIDEO RELEASE

Printed Name
I hereby grant consent, authority, and permission to Easterseals Central Alabama and to those acting with the authority of Easterseals Central Alabama, to use, reuse, publish, republish the name, statements or comments, likeliness, picture, photographic image, or videotape or electronic image of the adult or minor (under the age of 19) below, in whole or in part, or composited or distorted, without any restriction as to changes or alterations, without prior approval, in conjunction with the original or reproductions in color or otherwise in printed or electronic form, made through any medium or media, of or illustration, promotion, advertising, trade, or any other purpose whatsoever.
I understand and agree that I will not receive any compensation for the use consented to herein. I hereby release and discharge all persons acting under the consent granted above from all liability, cause of action or claim civil or criminal, by virtue of any distorted or use, intentional or otherwise that may occur or produced in the taking of subsequent processing or publication of my name, statements, comments, or the images covered herein.
I hereby warrant that I am of legal age and have the right to contract, consent, or grant the release prior to its execution and that I am fully familiar with the contents hereof. This consent and release shall be binding upon me, my heirs, legal representatives and assigns.
This release will be in effect for a period of time to not exceed five years.
I do.
I do not.
Signature: Date:
Minor Name (if applicable):

Parent/Guardian:

Witness Signature:

# CONSENT TO RELEASE OF CONFIDENTIAL INFORMATION Dual Release

I,	(Parent/Guardian if minor), do hereby authorize Easterseals
Central Alabama to release a	and share any and all information pertinent to:
(Client's name)	1/ 0 11:
To the following provider ar	ıd/or facılıty:
(Name of provider/facility)	<del>-</del>
	(Address of facility)
	(Lan William Land III)
Dates of Service:	
planning and coordination. deems relavant and pertine complete information from child as relevant to their the I do understand that this rel conversations, therapy sess	I my child (named patient above) for the purposes of treatment, I authorize the release of such information as the treating therapist Into the professional listed below. I authorize the provider to release I the medical school, social service and/ or psychological record of my Berapy sessions.  Heave and sharing of information will include, but not be limited to Be and sharing of informations, evaluations and factual Belf and/or family member(s) who are minors. I understand that this
	terseals Central Alabama in working with me and/or my family.
Please Check what records  ☐ OT Eval and TX note ☐ Feeding Eval	you are releasing to the above facility/Provider es □Speech Eval and TX notes
This authorization is volunt specifically revoked by writing is as effective as the original	tary and remains in effect until, unless tten notice to the agency or person. A photocopy of this release al.
Date	Signature of Parent/Guardian

### **Financial Agreement**

### **Payment for Services**

Payment is due at the time service is rendered. We accept cash, checks and major credit cards. Returned checks will be subject to a \$25.00 returned check fee.

#### **Billable Services**

While there is no ordinary charge for a brief telephone consultation, more lengthy or complex situations may result in charges. Some reports and consultations may also result in charges.

### **Insurance Coverage**

Our services are not guaranteed to be covered by your insurance. We will submit your insurance claim electronically if possible to your Insurance Company.

If your Insurance Company denies a claim, we will attempt to assist. We will submit Appeal letters as appropriate if requested, and we will immediately correct any billing errors made on our part to assist you in the process of making sure your Insurance Company is paying their portion of the bill. However, you are ultimately responsible for payment.

I acknowledge that I have read and understand my responsibility to pay for services. signing this agreement, I agree to the terms of this document.					
Client/Parent/Guardian Signature	Date				

### **CANCELLATION / NO SHOW / TARDINESS POLICIES**

Dear Parents,

Thank you for choosing **SOS Food School at Easterseals Central Alabama** for your child's care. The policies written below are designed to improve our ability to see all of our clients, and to provide complete, consistent treatment for your child. We hope that these policies will improve our overall service to our clients. Since continuity of care is important to maximize the outcomes of your child's therapy, we use the following guidelines for your appointments:

Therapists often are not able to wait more than 15 minutes for a late appointment. Please notify your therapist as soon as you know you will be late. Because of scheduling constraints, late arrivals may not be able to be seen, and if seen, the session will end at the regularly scheduled time.
 If you are late and your therapist needs to see your child for a shorter amount of time, you

will be charged for the entire scheduled session.

2. If you need to cancel your child's appointment, our Easterseals Central Alabama requires that you cancel <u>24</u> <u>hours in advance</u> of the scheduled appointment time. **You will be charged \$35.00**, except in emergency situations, if we have not received the 24-hour notification. Please note that this cancellation fee <u>cannot</u> be billed to your Insurance; it will need to be paid for by you.

- 3. If you have three consecutive cancellations of your child's appointments or you miss more than ½ of your scheduled appointments, your child will lose their slot in Food School and be discharged from feeding therapy.
- 4. If your child does not attend their scheduled appointment, and you have not called to give any type of notification that the session was going to be missed **prior to the start time of the session**, you will be considered to be a "No Show" for treatment. Additionally, you will be charged \$35.00 for the scheduled therapy appointment which was missed. If you have two "No Shows" for scheduled Food School appointments, your child will be discharged from feeding therapy for poor attendance without exceptions.
- 5. Any client who is discharged from therapy due to poor attendance cannot be put on our waiting list for 1 year. You and your child's primary care physician will be notified by phone or letter of such circumstances.

Please feel free to speak with your therapist about any concerns you may have about these policies, or to discuss changing your regularly scheduled appointment time if you know that your current scheduled time is not optimal. We will do everything possible to provide you with a time that is consistently available for both you and your therapist. Thank you for your cooperation.

Patient's Name:	
Parent/Guardian Signature:	Date:

### CONSENT FOR PARTICIPATION IN TREATMENT AND EMERGENCY CARE

The consents on this page are mandatory prior to beginning	g therapy at Easterseals Central Alabama
Child's name:	
Parent/Guardian's name:	
CONSENT FOR PARTICIPATION WITH	I THERAPEUTIC EQUIPMENT
Intervention programs at Easterseals Central Alabama us such as suspended equipment and various swings, bolster climbing structures, hanging bars and trapezes, scooter be playdoh, lotion and foods), and a variety of other activitic coordination. Therapy activities often involve encouraging challenging in order to foster increased skills and abilities make great efforts to ensure each child's safety, the nature risk of falling, bumping into other people/equipment, pull that I have seen the type of equipment that will be used in of the inherent risk of this type of activity and I give periodescribed.	s, inflated therapy balls and inner tubes, bards, tactile media (such as soap foam, es that involve fine, gross and oral motor g the child to try new things in ways that are s. While Easterseals Central Alabama staff e of the therapeutic intervention includes the ling/straining muscles and/or gagging. I verify my child's therapy program that I am aware
Signature of Parent/Guardian:	Date:
CONSENT FOR EMERGENCY N	MEDICAL TREATMENT
In case of emergency and if I am not present and cannot be child's parent information form, I understand that in the control Alabama will call 911 or other appropriate medicing child, I understand that it will take my child to the clopermission to the personnel of Easterseals Central Alabama anesthesia, medical or surgical treatment and/or other emphysician or dentist and rendered under the provisions of understand that Easterseals Central Alabama will not be hospital care, medications, or surgical procedures rendered	event of a medical emergency, Easterseals al personnel. If an ambulance must transport esest medical facility available. I give na to consent to any x-ray examination, ergency medical care advised by a licensed the Medical or Dental Practice Act. I liable for any first aid treatment, medical or
Signature of Parent/Guardian:	Date:

### PATIENT RIGHTS AND CONSENT TO EVALUATE/TREAT

As a part of any Evaluation or Treatment received at Easterseals Central Alabama, you and your child will be working with at least one, and possibly up to 6 trained professionals from a number of different disciplines. Because we believe children are best served through the use of a multi-disciplinary approach, professional consultation within the Team members may occur requiring information be shared about your child. Each professional is ethically and legally responsible to keep all information gathered in the evaluation or treatment process confidential. Your permission is required to release any information to any other person, except in cases of imminent danger, neglect or abuse as is required by law. You have the right to seek a second opinion or to end the evaluation/treatment at any time. You are entitled to information about the methods and techniques used in the evaluation/treatment, an estimate of the duration of the therapy and the cost to you and your family. You may also ask any of the professionals for information about their training and credentials. In any professional relationship, sexual intimacy is not appropriate and should be reported to a Professional Grievance Board. There are state regulatory agencies which govern the practice of licensed and unlicensed therapists in the State of Alabama. You have the right to contact these agencies or the appropriate Grievance Board if you have questions or complaints about the services you receive.

I VERIFY THAT I HAVE READ AND UNDERSTAND THE INFORMATION PROVIDED ME ABOUT MY RIGHTS AND THE EVALUATION OR THERAPY TO BE COMPLETED. I UNDERSTAND THAT NO GUARANTEE CAN BE MADE TO ME REGARDING THE RESULTS OF THE EVALUATION AND/OR TREATMENT, AND WILL NOT HOLD EASTERSEALS CENTRAL ALABAMA LIABLE FOR THESE RESULTS.

I FURTHER ACKNOWLEDGE THAT EASTERSEALS CENTRAL ALABAMA WILL CHARGE THE APPROPRIATE AGENCY, INSURANCE COMPANY OR RESPONSIBLE PARTY FOR THE SERVICES RENDERED FOR ME, BUT THAT I AM RESPONSIBLE FOR PAYING IN FULL FOR ALL SERVICES RENDERED AT THE TIME OF SERVICE. I ALSO UNDERSTAND THAT THIS BILLING PROCESS WILL INCLUDE PROVIDING INFORMATION REQUESTED BY THE AGENCY, INSURANCE COMPANY OR RESPONSIBLE PARTY TO PROPERLY PAY THE CLAIM TO ME.

Please note that we will assist in any reasonable way to facilitate payment being made by the responsible agency, insurance company or responsible party in a timely fashion.

I HEREBY CONSENT AND GIVE PERMISSION FOR EVALUATION/TREATMENT AT EASTERSEALS CENTRAL ALABAMA

Patient's Signature:	Date:	_
Signature of Parent/Guardian:(If patient is a minor)	Date:	
Relationship to Patient:		

### 3 Day Diet History Form

### **Instructions:**

You are being asked to record **ALL foods and drinks** eaten/drank by your child for 3 days in a row. The following directions will guide you in filling out the form. You need to complete this history and send the information to Easterseals Central Alabama with the rest of your forms.

- 1. Please fill out ALL the information at the top of the first page.
- 2. Please record the DATE and DAY of the week for each day. Record ALL food and drinks eaten along with the TIME your child ate or drank them. It is best to carry the history form with you and to record items immediately so that nothing is missed.
- 3. Include an EXACT description of the item and your best guess of the portion size of the amount eaten. Write the brand name of formula your child is on (i.e. Enfamil, Prosobee, etc.), what type of juice he/she drank (i.e. apple, grape, orange, etc.), any special recipes for drink mixtures your child uses (i.e. 24 calorie Isomil + 1 tsp Polycose), and any additions to foods (i.e. ¼ cup mashed potatoes + tbsp. margarine). Be sure to include any dressings, sauces, gravies, or anything extra.
- 4. It is suggested that you may wish to use measuring spoons and cups when serving your child for these 3 days to report the amounts eaten/drank better.

#### Example:

DATE	TIME	FOOD/DRINK ITEM	AMOUNT	BOTTLE	CUP	MOUTH	G-TUBE
1/1/20	4 pm	Gerber apple sauce	1 oz.			X	
		White bread (Wonder)	½ slice			X	
		Ham lunch meat (Hormel)	½ 0Z.			X	
		Mayonnaise	1 tsp.			X	
		White grape juice	1 oz.		X	X	
	6:30 PM	Veggie straws (Whole foods 365)	5			X	
	7:00 pm	Similac Advance Formula	4 oz.	X		X	
	9:00 pm	Pediasure with fiber	8 oz.				X

OFFICE USE ONLY Ht: Wt: Date:	
Estimated Needs:Calories Protein Fluid	
Eval Individual Group	
Parent/Guardian Name:	_ Daytime Phone #:
Child's Name:	_ Date of Birth:
Vitamin or Mineral Supplement: No Yes	Name/ Amount:
Formula Mixing: Number of scoops: Amount of water:	
I put the formula p	oottle first then the formula powder owder in the bottle first then the water aid in a can and I do not add anything

Date	Time	Food/Drink Item	Amount	Bottle	Cup	Mouth	G-Tube



### PEDIATRIC FEEDING HISTORY FORM

CHILD'S NAME:	_ DATE OF BIRTH:
1. Please explain, is your own words, what your child's	current feeding problem is:
2. Was your child breast fed? From when to when	
Was your child bottle fed? From when to when	
Please describe your child's initial skill on the breast and	d/or bottle:
3. During these early feedings, did your child frequently Circle the behaviors shown and describe when they	arch, cry, spit up, gag, cough, vomit or pull off the nipple? would happen, and why, and for how long:
4. Describe how the weaning process off the breast and	d/or bottle went and why the child was weaned:
5. At what age was your child introduced to Baby cerea	I? Baby food?
Finger food	s? Table food?
When did they Transition fully to table food?	_
Please describe how these transitions were handled by	your child, especially if any difficulties happened:



### IF YOUR CHILD EATS BY MOUTH, PLEASE ANSWER THE FOLLOWING QUESTIONS:

6a. List the foods that your	child currently will eat and	drink (put a star next to the	r favorites):
6b. List the foods your child	refuses:		
6c. List the foods your child	is allergic to:		
6d. <u>Describe your child's mo</u> Who typically feeds your chi			
Who typically eats with your	child?		
What type of chair is used?			
How long are meals typically	/?		
Does your child use utensils	or any type of special cup	s/bowls (describe)?	
Are there any other activities 6e. What times does your c			
Time	Breast	Bottle	Solids (baby food; table?)
IF YOUR CHILD IS TUBE F 7a. What type of formula is to 7b. Describe where your chi	used and exactly how do you	ou mix it? ivities are occurring at the s	ame time:
7c. Describe your child's rea	actions to the tube feeding	s (connecting, during, disco	nnecting):



7d. Please detail your child's feeding schedule below.

Time of feeding (start time)	NG, G or Continuous	<u>Amount</u>	Gravity or Pump	Over what time period or what rate

### \*PLEASE ANSWER FOR ALL CHILDREN

8.	Has your child ever been on any type of special diet other than what you just described (circle 1)? <b>YES</b> If yes, please describe type of diet, at what ages, why and what was your child's response:	NO

9. How do you know your child is hungry or full? <u>Hungry?</u>

Full?

- 10. Has your child lost or gained any weight in the last 6 months, and how much?
- 11. Would you describe your child's weight as (circle one): Ideal Underweight Overweight
- 12. Does your child have/had any of the following problems (circle which ones)? Please describe: Dental, frequent constipation, frequent diarrhea, vomiting, choking, gagging, coughing
- 13. Does your child take a vitamin supplement? Which one?
- 14. Describe how you, and your child feel after a feeding: You:

Your child:

- 15. What other evaluations have been completed regarding your child's feeding difficulties and what were the results/what were you told?
- 16. What treatments have been tried for this problem, and what were the results?
- 17. How can we be most helpful to you and your child?



# **Sensory History**

For each question, place a check in the column that best describes your child. (Please compare with other children you know of the same age.)

QUESTIONS		Often	Sometimes	∣ Rarely
Does	s your child:			
	1. Object to being touched?	1		
	2. Seem irritable when held?	2		
	3. Isolate self from other children?	3		
	4. Avoid/dislike getting hands messy?	4		
	5. Become upset when face is being washed?	5		
	6. Become upset when having hair combed,	•		
	fingernails clipped or teeth brushed?	6		
	7. Prefer long sleeve clothing, sweaters or jackets	v		
	even when it's warm?	7		
	oven when it o warm.	•		
	8. Seem sensitive to certain fabrics and avoid			
	wearing clothes made of them?	8		
TACTILE	9. Have trouble changing to new types of clothing when			
SENSATION	seasons change? (i.e. From long pants to shorts)	9		
02.1071.1011	10. Avoid going barefoot? (i.e. In sand or grass)	•		1
	11. Become irritated by tags on clothing?			
	12. Seem to crave being held or cuddled?			
	13. Express discomfort when touched by other	'-		
	people, even as in a friendly hug or pat?	13		
	14. Tend to bump or push others?			1
	15. Seem overly sensitive to pain?			
	(i.e. Especially bothered by small cuts)	15		
	16. Seem less sensitive to pain than others?	10		
	(i.e. To falls and bruises)	16		
	17. Mouth objects or clothing often?			
	18. Have difficulty judging how much strength to use?	11		
	(i.e. when petting animals may use too much force)	18		
	(no. when petting animals may use too much force)	10		
Does	s your child:			
	19. Seem overly sensitive to sound?	19	ļ	
	20. Seem confused about the direction of sounds?	20	ļ	
AUDITORY	21. Like to make loud noises?	21	ļ	
SENSATION	22. Become distracted or have trouble if there is a			
	lot of noises around?	22	ļ	
	23. Respond negatively to unexpected or loud noises?	23	ļ	
Does	s your child:			
GUSTATORY	24. Act as though all food tastes the same?	24		
SENSATION	25. Explore by tasting?	25		
	26. Dislike foods of a certain texture?		ļ	
	27. Chew or lick non-food items?	27	ļ	
				ļ
Does	s your child:	00		
01 = 4 0= 0= 1:	28. Explore objects by smelling them?			
OLFACTORY	29. Discriminate odors?			1
SENSATION	30. React defensively to smell?	30		†
	31. Seem bothered by smells that most			
	other people don't notice?	31	ļ	+



QUESTIONS		Often	Sometimes	Rarely
Does yo	our child:			
	32. Become easily distracted by visual stimulation?	32	<del></del>	
	33. Express discomfort at bright lights?		<b></b>	
VISUAL	34. Avoid or have difficulty with eye contact?	34	<b></b>	
SENSATION	35. Have a hard time picking out a single object			
	from many? (i.e. Finding a specific toy in the toy box)		ļļ.	
	36. Have difficulty with a camera flash, seems irritated by it?	36		
	ur ahildi			
Does yo	our child: 37. Chew or lick non-food items?	37		
	38. Seem fearful in space	3/	T	
		20		
	(i.e. Going up & down stairs, riding a tricycle?)	30	<b>†</b>	
	39. Appear clumsy, often bumping into things &/or	20		
	falling down?			
	40. Prefer fast-moving, spinning carnival rides?		1 1	
	41. Have poor balance?	41	+	
	42. Become anxious or distressed when his/her			
	feet leave the ground?		<del></del>	
	43. Avoid climbing or jumping?	43	<del></del>	
VESTIBULAR	44. Dislike elevators or escalators?	44		
SENSATION	45. Dislike riding in a car?	45	<b></b>	
	46. Dislike activities where head is upside down			
	or when lifted overhead? (such as with hair washing			
	or somersaults)	46	ļ	
	47. Loved to be tipped upside down or lifted overhead?		ļl	
	48. Seek out all kinds of movement activities?		<u> </u>	
	49. Jump a lot on beds or other surfaces?	••		
	50. Like to spin him/herself?			
	51. Bang his/her head on purpose?	31	T	
	52. Throw him/herself against the floor, wall or other	50		
	people for enjoyment? (likes to "crash")			
	53. Take unusual risks during play?	53	<del> </del>	
Does yo	our child:			
•	54. Manipulate small objects easily?	54		
	55. Seem accident prone			
COORDINATION	(i.e. Have frequent scrapes and bruises)?	55	ļ	
	56. Neglect one side of the body or			
	seem unaware of it?	56	ļl	
	57. Use one hand more than the other?			
Dana	ahild.			
Does yo	our child:	EC		
	58. Need assistance to feed him/herself?		1 1	
	59. Tend to eat in a sloppy manner?		<del></del>	
	60. Frequently spill liquids?		<b></b>	
FEEDING	61. Drool?		<del></del>	
	62. Have trouble chewing?		<del></del>	
	63. Have trouble swallowing?	63	<b></b>	
	64. Have difficulty eating foods with lumps?		<b></b>	
	65. Stuff or put too much food in his/her mouth?	65	ļ	

<sup>\*</sup>Adapted from Pat Wilbarger, OTR, Special Education Workshop. St. Paul Public Schools, St. Paul, Minnesota, August 1973. Sensorimotor Integration for Developmentally Disabled Children: A Handbook Montgomery, P., Richter.

# Easterseals Central Alabama Feeding Evaluation

### What to Bring:

Our team asks that you come into the clinic and re-create a meal to be as close to a meal your child will eat at home. This means bringing in any preferred cups, bowls, plates, spoons, forks, bottles, etc. You do not need to bring in a chair unless your child uses a special chair for feeding. We also ask that you bring the following items on the day of the evaluation:

- At least 2 different foods of different textures that you are sure that your child will eat. This is so we can see your child at their best and can evaluate what his/her skills are with foods they prefer.
- At least 2 different foods of different textures that you are sure your child will **not** eat. This is so we can see how your child reacts when they are challenged with foods that are difficult for them.
- A preferred drink and the cup/bottle your child typically uses.